

TASK

Unit 1 – Anatomy and Physiology Project

Using a method of your choice create a project and 5-minute presentation on one of the following subject areas:

- Structure and function of the skeletal system
- Structure and function of the muscular system
- Structure and function of the cardiovascular system
- Structure and function of the respiratory system
- Structure and function of the energy systems

There will be a prize for the most detailed and creative project and best delivered presentation.

Supporting websites

How to present: <https://www.wikihow.com/Do-a-Presentation-in-Class>

Skeletal System:
<https://www.bbc.co.uk/bitesize/guides/zq3sbk7/revision/1>

Muscular System:
<https://www.bbc.co.uk/bitesize/guides/zpkr82p/revision/1>

Cardiovascular System:
<https://www.bbc.co.uk/bitesize/guides/z9n6sg8/revision/1>

Respiratory System:
<https://www.bbc.co.uk/bitesize/guides/ztkr82p/revision/1>

OVERVIEW

Exam Units:

Anatomy and Physiology - Fitness Training and Programming for Health, Sport and Well-being.

Coursework Units:

Professional Development in the Sports Industry - Sports Leadership - Investigating Business in Sports and the Active Leisure Industry - Skill Acquisition in Sport - Sport Psychology - Work Experience in Active Leisure

Materials Required:

Large A4 ring binder, plastic ring binder sleeves, ring binder dividers, black pen, highlighters, BTEC Level 3 National in Sport textbook and revision book.

Career Pathways

Sports Scientist - Sports Analysis - Sports Coaching - PE Teaching - Sports Apprenticeships, Events Manager - Fitness Instructor – PT - Sports Referee - Leisure Centre Assistant/ Manager - Sport Psychologist - Sports Commentator - Sports Development Officer

25% of university students studied a BTEC National

DUE: First lesson in September