

## Research

Research the six key approaches in Psychology. Each approach will consider human behaviour from a different perspective. Ensure you include the key areas indicated below for each approach.

### ➤ Behaviourist Approach

Classical Conditioning, Pavlov's research, Operant conditioning, Types of reinforcement, Skinner's research

### ➤ Social Learning Theory

Imitation, identification, modelling, vicarious reinforcement, mediational processes, Bandura's research

### ➤ Cognitive Approach

Internal mental processes, schema, theoretical & computational models, inference, cognitive neuroscience

### ➤ Psychodynamic Approach

Unconscious, structure of personality (ID, ego, superego), defence mechanisms, psychosexual stages

### ➤ Biological Approach

Genes, biological structures, neurochemistry, genotype, phenotype, evolution

### ➤ Humanistic Approach

Free will, self-actualisation, Maslow's hierarchy of needs, congruence, conditions of worth, Roger's, counselling

## Task

You will need to create written evidence of your knowledge of each approach. This needs to clearly include information on each of the 6 approaches focusing on key terms for each approach.

You can hand in your information for each approach in the form of:

- A4 summary sheets
- PowerPoint summary slides
- Posters
- Mindmaps
- Flashcards



## OVERVIEW

You will sit three papers at the end of the 2 years; each paper will contain 96 marks and will be 2 hours long.

**Paper 1-** Introductory Topics in Psychology (Social Influence, Memory, Psychopathology, Attachment)

**Paper 2-** Psychology in Context (Approaches, Psychopathology, Research Methods)

**Paper 3-** Issues and Options in Psychology (Issues and Debates, Forensic Psychology, Schizophrenia, Cognition and Development)

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When you join us in September, please ensure you have three ringbinders ready for your first Psychology lesson. You will need to have a separate folder for each of the 3 papers. You will also need folder dividers for each folder to separate each topic.

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### Useful Websites & Further Reading:

- <https://www.simplypsychology.org/>
- <http://www.tutor2u.net/blog/index.php/psychology/>
- <https://www.s-cool.co.uk/a-level/psychology>
- <https://www.psychologytoday.com/gb>
- <https://www.bps.org.uk/>
- [https://www.ted.com/talks/elizabeth\\_loftus\\_how\\_reliable\\_is\\_your\\_memory](https://www.ted.com/talks/elizabeth_loftus_how_reliable_is_your_memory)
- [https://www.ted.com/talks/steven\\_pinker\\_human\\_nature\\_and\\_the\\_blank\\_slate](https://www.ted.com/talks/steven_pinker_human_nature_and_the_blank_slate)
- [https://www.ted.com/talks/philip\\_zimbardo\\_the\\_psychology\\_of\\_evil](https://www.ted.com/talks/philip_zimbardo_the_psychology_of_evil)

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**DUE: First lesson in September**