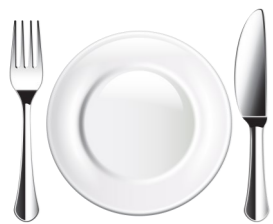




Week 1 Lunch Menu 2024

Week Beginning: 4th November, 25th November, 16th December, 20th January, 10th February, 10th March, 31st March



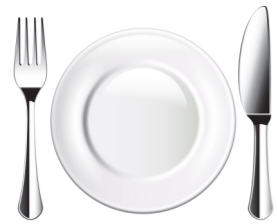
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Katsu Chicken	Beef Lasagne	Jerk Chicken and Jallof Rice	Kansas BBQ Chicken	Oven Baked Fish
Vegetarian Main	Loaded Punjabi Masala	Lasagne Verdi	Jerk Fish and Jollof Rice	Dirty Butternut Mac and Cheese	Halloumi Burger
On the side	Rice Green Beans	Garlic Bread Broccoli	House Salad	Potato Wedges Roasted Sweetcorn	Chips Peas / Beans
Dips	Sweet Chilli Sauce	Mayo	Chilli Salsa	BBQ Sauce	Ketchup / Tartare Sauce
Dessert	Apple & Rhubarb Crumble with Custard	Berry Flapjack	Ginger Cake with Custard	Autum Fruit Traybake	Vanilla Ice Cream
Pasta King	Meat and Veggie Sauce Option Available	Meat and Veggie Sauce Option Available	Meat and Veggie Sauce Option Available	Meat and Veggie Sauce Option Available	Meat and Veggie Sauce Option Available
Daily Options	Jacket Potato & two toppings / Mixed Salad Bar / Organic Yoghurts / Deli Grab & Go range includes: Sandwiches, Baguettes, Wraps				





Week 2 Lunch Menu 2024

Week Beginning: 11th November, 2nd December,
6th January, 27th January, 24th February, 17th March



Monday

Tuesday

Wednesday

Thursday

Friday

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken & Veg Pie	Teriyaki Vegetable Noddle's	Roast Chicken	Chicken or Pork Sausage	Oven Baked Pollock
Vegetarian Main	Mixed Vegetable Pie	Pasta Arrabbiata	Roasted Quorn	Quorn Sausage	Quorn Dippers
On the side	New Potatoes Broccoli	Asian Salad	Roast Potatoes Peas & Carrots	Mash Potato Peas / Beans	Chips Peas / Beans
Dips	Gravy	Sweet Chilli	Gravy	Onion Gravy	Ketchup / Tartare Sauce
Dessert	Apricot Sponge cake & Custard	Coconut & Lime Cake	Cinnamon Cake & Custard	Autum Fruit Shortbread	Vanilla Ice Cream
Pasta King	Meat and Veggie Sauce Option Available	Meat and Veggie Sauce Option Available	Meat and Veggie Sauce Option Available	Meat and Veggie Sauce Option Available	Meat and Veggie Sauce Option Available
Daily Options	Jacket Potato & two toppings / Mixed Salad Bar / Organic Yoghurts / Deli Grab & Go range includes: Sandwiches, Baguettes, Wraps				





Week 3 Lunch Menu 2024

Week Beginning: 18th November, 9th December, 13th January, 3rd February, 3rd March, 24th March



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Chicken Shawarma

Pasta Bolognese

Roast Chicken

Tuscan Chicken Pasta

Oven Baked Pollock

Vegetarian Main

Quorn Shawarma

Chickpea & Coconut Dahl

Broccoli & Cauliflower Bake

Roasted & Loaded Pasta Bake

Margarita Pizza

On the side

Potato Wedges
House Salad
Pickled Cabbage

Sweetcorn
Rice (Dahl only)

Potatoes, Stuffing
Carrots & Peas

Garlic Bread
House Salad

Chips
Peas / Beans

Dips

Garlic Sauce /
Tzatziki (Cacik)

Mint & Cucumber
Raita

Gravy

French Dressing

Ketchup /
Tartare Sauce

Dessert

Banana Yoghurt
Cake

Berry Crumble Muffin

Chocolate Cookie

Pear Upside Down
Pudding

Vanilla Ice Cream

Pasta King

Meat and Veggie Sauce
Option Available

Meat and Veggie Sauce
Option Available

Meat and Veggie Sauce
Option Available

Meat and Veggie Sauce
Option Available

Meat and Veggie Sauce
Option Available

Daily Options

Jacket Potato & two toppings / Mixed Salad Bar / Organic Yoghurts / Deli Grab & Go range includes:
Sandwiches, Baguettes, Wraps

